**The Dressmaker, remnants of a life. The re-creation of the Self and memories through animation**

by Inma Carpe

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**Abstract**

*The Dressmaker, remnants of a life,* is a study case of our research, at the Animated Learning Lab, as a means of reflection on the re-construction of the self through animation; understanding the self as our history and story. It’s about how we see our own story; everything starts with perception (Beau Lotto, 2013).


When we produce an animated film, we can appreciate how the creation of characters and scenarios are transformed into visual metaphors, making possible the re-creation of past moments or the simulation of possible ones. We experience, thanks to the imagination and complex cognitive processes, new virtual situations, carriers of great knowledge, which help us to reflect upon thoughts, feelings and actions, which will build our best movie: the illusion of life, our ecstatic truth.

“Our memory is our coherence, our reason, our action, our feelings. Without it, we’re nothing” (Buñuel, 1982, p.7)

Animation for its power of abstraction and playfulness, results a very attractive and effective media to explore different perspectives and work the neuroplasticity, facilitator of the physical changes of our brain and our behaviour, so our realities; area of study of Richard Davidson and Daniel Siegel, U.S. We learn by listening, watching and creating stories, real or less real, they are individual and collective memories: visual testimonies, legacies of great artistic value, historical, educative and therapeutical; which can be preserved through the animation cinema as reflective ecstatic truths.

![Figure 1. Textile art. The Dressmaker, Re-Construction of the Self](image)

Inma Carpe (short bio)

Born in the Mediterranean, living and working abroad between my home base in Denmark and Los Angeles.

Experienced freelancer visual development artist, animator-lecturer specialized in short formats and pre-production, splitting time as a production assistant in film festivals.

Currently working and researching how Animation and visual literacy improve Self-development and communication (emotions-beliefs) based on art productions experiences connecting cognitive/affective neuroscience with film making/storytelling.

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Links

Art work

Animatic
https://youtu.be/ZTgbHjOopHtU?list=PLfCA0eQjY-7-J5MahnE89YMRZnVw-FcSr

Open Workshop
http://www.animwork.dk/en/ow_user_presentation.asp?UserId=100127

Bibliography


