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A realist review of the use of reminder systems for follow-up screening and early detection of type 2 diabetes in women with previous gestational diabetes

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A realist review of the use of reminder systems for follow-up screening and early detection of type 2 diabetes in women with previous gestational diabetes

Jane Hyldgaard Nielsen, Torill Alise Rotevatn, Kimberly Peven, G.J. Melendez-Torres, Erik Elgaard Sørensen, Charlotte Overgaard

Citation

Review question
Which effect of the use of reminders to increase and maintain participation in the recommended follow up screening for women with previous gestational diabetes mellitus (GDM) are found and how, why, for whom and under which circumstances are reminders believed to produce unintended and intended outcomes?

Searches
MEDLINE Ovid, PubMed, The Cochrane Library, CINAHL, EMBASE, Web of Science, and Scopus


All databases have been searched for both quantitative and qualitative evidence on the 1th of November, 2018 - 1th of January 2019

No restrictions were applied.

Types of study to be included
This review includes both experimental and quasi-experimental study designs including randomized controlled trials, non-randomized controlled trials, before-after studies, in order to evaluate the effects of the interventions. Other study designs such as qualitative or mixed-method studies will also be included if they contain relevant information on implementation processes and experiences regarding interventions based on the use of reminders to increase participation in follow-up screening of women with pregnancy complicated by GDM. All types of qualitative study designs are eligible.

Condition or domain being studied
Gestational diabetes Mellitus (GDM) is a rising Public health concern mainly associated with increasing overweight and age in pregnant women. GDM has health consequences for both mother and child, as it is a serious clinical condition that requires close control and treatment throughout pregnancy in order to avoid birth complications or perinatal mortality. Even though GDM typically disappears after birth, these women remain in an approximately 7-fold higher risk of developing type 2 diabetes, compared to women without pregnancy complicated by GDM. Previous studies indicate, that approximately 40% of women with pregnancy complicated by GDM will develop type 2 diabetes within a 10-year period after birth.

Participants/population
Inclusion: Studies that include women with pregnancy complicated by GDM. All these women, regardless of any other characteristics, are recommended to participate in the recommended follow up screening.

Exclusion: Women with no GDM diagnosis.

Intervention(s), exposure(s)
Studies that includes an intervention based on the use of reminders to increase participation in follow-up screening of women with pregnancy complicated by GDM. Reminders are defined as postal reminder, email reminders, or telephone calls/text messages for the patients. For health professionals' reminders are
defined as for the patients and additional the option of pop-up electronically implemented reminders/ alerts or simple reminders either in paper form posted on medical reports or implemented electronically in the patient registry system. No inclusion criteria regarding the content of the reminders.

**Comparator(s)/control**
The review will include studies that include a control group receiving standard care as far as it is eligible in term of the study design.

**Context**
In order to strengthen early detection of type 2 diabetes, is follow up screening after birth internationally recommended for women with pregnancy complicated by GDM? Participation rates are however often found low. Electronic support systems like reminders are suggested to have effect if contextually adapted and sufficiently implemented. Knowledge are needed on how, why, for whom and under which circumstances reminders are believed to produce unintended and intended outcomes.

**Main outcome(s)**
Effect of the intervention are measured as the percentage of women who underwent a test postpartum; Oral glucose tolerance test (OGTT) or other screening test for diabetes (e.g HbA1c or FPG). This on both short term: A postpartum visit within the first 6 months after giving birth (First time follow- up is recommended 6-12 weeks after birth) and long term: any time after 6 months after giving birth. (women are after the first follow-up screening recommended screening every 1-3 year).

Experiences and perspectives regarding the intervention from people associated with the intervention (e.g. end-users, health professionals or relevant stakeholders).

**Additional outcome(s)**
Diagnosis with Type 2 diabetes.

Diabetes associated morbidity.

**Data extraction (selection and coding)**
The procedures for selecting studies will be conducted in two screening processes: 1) based on title and abstracts 2) based on full-text content. Studies will be included or excluded based on a priori set criteria.

Data extraction will be conducted using an Excel spread sheet. Data on study characteristics, intervention, intervention mechanisms, population, settings/context, methods and relevant outcomes will be extracted. Piloting of the data extraction form will be performed in order to secure homogeneity of the data extracted.

All processes will be conducted by two reviewers, and any discrepancies between the two reviewers will be discussed, and the opinion of a third reviewer will be included if necessary.

**Risk of bias (quality) assessment**
Cochrane Risk of Bias tool for RCTs

ROBINS-I (Risk Of Bias In Non-randomised Studies - of Interventions) for non-randomised studies

The EPPI-Centre tool for appraisal of qualitative studies will be used to evaluate qualitative studies.

**Strategy for data synthesis**
Results extracted from quantitative studies will be synthesised through the use of narrative synthesis. It is anticipated to be difficult to conduct a quantitative synthesis due to heterogeneity between studies, however, this will be conducted if the included studies are sufficiently homogenous.

A synthesis of Context-Mechanism-Outcome (CMO) configurations will be performed. This provides an understanding of interactions among resources within the setting of the intervention - the intervention itself and the mechanism it triggers. This allows, a constant comparison between CMO configurations identified in different interventions, which in a synthesis can be used to describe and discuss transferable lessons on how, why, for whom and under which circumstances the interventions works.
Findings will be presented in narrative form including tables and figures where appropriate.

Analysis of subgroups or subsets

Subgroup analysis will be conducted if sufficient data is available. This regarding to; types of participants, types of intervention, settings and types of study.

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https://www.ucn.dk/english/programmes-and-courses/midwifery

http://decipher.uk.net/

https://www.kcl.ac.uk/index.aspx

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Conflicts of interest

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Details of any existing review of the same topic by the same authors

Stage of review at time of this submission

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