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Abstract title

Antenatal Classes In A Student-led Clinic - Training Innovative And Reflective Competencies In A Hybrid Learning Setting

Abstract text

Background:

Midwifery students sometimes find the learning setting challenging. In the theoretical setting it's difficult to translate knowledge into clinical practice, and busy shifts sometimes prevent them from being active in their learning process.

At Copenhagen University College we have developed a hybrid learning setting that cross borders between clinic and theory. A student-led clinic, where students practice and acquire competencies towards becoming reflective professionals.

Midwifery students cowork with students from Nutrition & Health and Physiotherapy. They plan and teach antenatal classes supervised by senior lecturers.

As a way of supporting the student's ability to use their newly developed competencies we facilitate a structured reflection session after the class. The aim is to support the student's reflection upon the intentions of the planning and how their intentions succeeded.

Aim: to create a safe and innovative learning setting where the students can experiment and learn in a constructed but realistic setting.

Methods:

We have thoroughly evaluated the students learning outcomes in a mixed methods design, including a survey in 2014 (70% response rate) and seven focus groups in the period 2011-2017.

Results:

The survey shows the hybrid learning setting as a highly effective way to facilitate innovative and reflective competencies. The focus groups provide explanations on why and how it encourages the students towards becoming reflective and confident health professionals.

When working as a team, the students learn about, from and with each other, both in the planning and teaching process, hereby supporting the student's opportunity to develop their interprofessional competences.

Conclusions:

A teacher facilitated but student-led health clinic offering antenatal classes has proved to be a powerful learning setting for students to develop innovative and reflective competencies. Student-led clinics is common in other parts of the world, but is yet to be developed in the Nordic countries

Presentation type

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